

Incredible Edible Movement



Simple

idea which became an international phenomenon

The idea of Edible Landscapes

- Growing food in public spaces for everyone to share
- Connecting , learning and contributing to your community



Anyone can do it!

- It does not require a special training
- Everyone is included
- Motto: “If you eat, you are in”



Community based idea started in UK



- City of Todmorden Northern UK , 2008
- Pam Warhurst is the originator and a spokes person (find her on Ted Talk)
- Growing fruit trees, herbs, vegetables around town

Todmorden Community College



PLAYGROUND PLANTING













Mint
Sage
Thyme
Bay
Chives
Rosemary
Lavender
Oregano
Tarragon



Why is Incredible Edible Important?



Incredible edible Movement



- Brings community together around food that they grow, share and cook
- Show locals what can be grown locally and how simple it is (sustainable agriculture for everyone)
- Inspire people to improve their communities through the **power of small actions**

Incredible Edible Model: 1.community plate



- growing produce and working together

Incredible Edible Model:2. the learning plate



- providing training from field to classroom to kitchen

Incredible edible Model:3.The business plate

- Supporting local commerce by promoting locally grown produce and attracting more business to local stores.



Incredible edible: international

A screenshot of a Google Maps browser window. The browser's address bar shows a Google Maps URL with a map ID. The page is in French. The Google Maps interface includes a search bar, navigation controls, and a list of locations on the left. The map shows various countries with pins and green sprout icons. The list on the left includes:

- Incredible Edible Peckham ET London conference was held here 2010
- Incredible Edible Hoylake
- Incredible Edible Boston
- Incredible Edible Prestwich
- Incredible Edible Wilmslow
- Incredible Edible Huddersfield
- Incredible Edible Totnes
- Incredible Edible Leigh
- Incredible Edible Moss Side
- Incredible Edible Doncaster North
- Incredible Edible Ghana
- Incredible Edible Lambeth
- Incredible Edible Ramothton

The map shows pins in North America, Europe, and Africa. A scale bar at the bottom left indicates 1000 miles and 2000 kilometers. The bottom right of the browser window shows the time 20:55.

Vegetable tourism



Can St Anthony Park be even more incredible and edible?

- There are many signs that some people are already doing it



SAP Incredible Edible

We just all need to:



St Anthony Park Incredible Edible Chapter

“Lets come together!”

A group of volunteers

A branch of SAP Garden Club



Get together twice a month for strategic planning in the winter and happy gardening in the summer

Have a harvest party in the fall!

Community Groups with same agenda in SAP

- **SAP Garden Club:** developing gardening space by the library
- **SAP Transition Town:** sustainable food and land action group (developing new community garden spaces)
- **SAP community garden:** donating fresh produce to Seal High rise subsidized housing residents
- **SAP Community Council**
- **SAP: community schools:** Murray and lower school



Community Groups with same agenda in twin cities:

- **Transition Long Fellow: Shard Your Yard Program:** volunteers help install garden beds in local yards and provide a mentor and garden skill share activities.
- **E 7th Street community** in Dayton's Bluff that created
- “Edible Streetscape of East Side Food Traditions”.



7th Ave Edible Streetscape:

10 container gardens along E 7th street and planted it with foods from different ethnic cousins.



7th Ave Edible Street Scape

Each garden was tended to by community members in the summer and had information about plants, and recipes with those plants.



7th Edible streetscape: Community Harvest celebration!



SAP Incredible Edible Member Ideas:

- Jump on the opportunity of Como street reconstruction by Public Works and work with them to have Planters installed by the Como business district to grow produce.



SAP Incredible Edible: Ideas

- Spaces for community garden:



Spaces for community garden: Langford park



Spaces for community garden: Langford park



Spaces for community garden: Langford park



Spaces for community garden: library



Spaces for community garden: college park



Spaces for community garden: Doswell ave



Spaces for Community Garden: Doswell ave



Next steps:

- Communicate with other groups to learn from their experience and unite the efforts to make our neighborhood more edible
- Survey of neighbors for objections on a specific project
- Contact St Paul Park and Recreation Department for permission
- Apply for a grant
- Community garden design and timeline
- Community garden maintenance plan



SAP Incredible Edible



- Bring your ideas to the first meeting!
- First Meeting will be held on Feb 25th , 6pm at 2161 Doswell ave for further brainstorming and planning!
- If interested, contact Nadine at nadinehorchner@gmail.com